

# Pre-Surgical Instructions



Thank you for selecting Liberty Oral & Facial Surgery for your care. In order to provide the ideal care, please follow these very important preoperative instructions.

- Please **DO NOT** eat or drink **ANYTHING** (not even water) after midnight the day prior to your surgery. Eating or drinking before your surgery may lead to life threatening consequences **and will require you to reschedule your surgical appointment.**
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- A red circular sign with a diagonal slash through it, containing the text "NO FOOD OR DRINK" in bold, black, uppercase letters.
- A responsible adult must accompany every patient before anesthesia or sedation can't be started. Any patient under the age of 18 must have a parent or legal guardian present. This person must remain in the office during the appointment, and is responsible for driving the patient home after release from the clinic.
  - Your surgeon and team will inform you if any medications should be taken the morning of your procedure with a small sip of water. Special instructions for diabetics on insulin will be provided.
  - Please wear loose clothing with short sleeves. This will allow placement of monitors and the IV without difficulty.
  - Please remove contacts and don't wear makeup or jewelry.
  - Please visit the restroom immediately before your appointment time.
  - You cannot do the following for 24 hours after your sedation:
    1. Drive a motor vehicle
    2. Operate or work around machinery
    3. Make financial or significant personal decisions
    4. Drink alcohol
  - Please plan on resting the remainder of the day following your surgery. Someone should be available to check on you throughout the day and provide assistance at night if necessary.
  - If you develop symptoms of a chest or head cold or fever, please contact us prior to your appointment because it may be necessary to reschedule your appointment.
  - Do not smoke for 48 hours before and 1 week after surgery due to the complications smoking can create during anesthesia and the post-operative healing period.

Please feel free to contact us at 509-922-2273  
if you have any questions or concerns.

Bryan W Mclelland, DDS